

# U3A Upper Yarra Newsletter



Learn Share Enjoy

July 2018

## President's Message

After a great first half of the year, we have some interesting new classes next term which starts the 16th July. Details are given over the next couple of pages.

I would like to thank all our volunteers who staff our office and help with those vital tasks that ensure that things run smoothly. However, there is a need for more volunteers. There is always room for more people who can contribute to our ongoing activities. None of us is immortal and we need to ensure that our U3A continues to grow and provide services to older members of our community. If you can contribute even a small amount of time, please contact the office. Pop in and talk to us or give us a ring. We would love to hear from you.

I would like to send a special thank you to Raewyn and Barb – without your commitment we would be in big trouble. Thanks to all committee members and tutors/class leaders who work hard to provide many interesting and valuable classes. I am looking forward to a really great second half of the year

Bob Lillie

**For new or changing enrolments for Term 3 and beyond, contact the U3A Office at the Family Centre, Yarra Junction**

You do not have to do anything if you are remaining in your current class or classes

A term three timetable is enclosed with this newsletter.

Please note that dates and times shown for new classes may change.

**All contact details for U3A Upper Yarra Inc. are given on the back page of this newsletter.**

## Information on classes in Term 3

### Tap Dancing

Tap is a skill that teaches self-determination and rhythm. It is also a creation of music in itself. We are a fun class for all abilities from beginner to advanced. It will require some level of fitness and mobility, but you can choose how much.

It is all about the love of dance, music and a morning of fun and fitness with some socialising thrown in.

If you feel you aren't mobile enough come along to watch, enjoy and maybe tap on your chair.



### Cooking – Quick Pickles

Ever wanted to make your own pickles but not sure what to do?



In this class you will find out what's behind the science and magic of pickling, taste some pickled foods and then make your own quick pickles to take home. We will be making cucumber, radish and cauliflower pickles. So easy and delicious.

There is a cost of \$10 to cover ingredients, payable on the day.

### Seriously Good Fun Mosaics

Do you want a new hobby, to meet new friends, or just need to relax? Mosaics stops the mind chatter.

Come and join our Seriously Good Fun Mosaics in Millgrove and enjoy yourself.

Mosaics adds another dimension to Op Shop hunting, re-using china, jewelry, vases, mirrors to make new and unique art forms.

Learn the basics of mosaics then let your hair down and combine new and old methods to create handmade gifts, arts for the garden and have fun.



### Latin

We would like to start a Latin class for beginners. If you are interested, please contact the office and, subject to interest, we will decide on day, time etc.

### Suncatchers

Create a sun catcher with Fritz from glass and lead (came). This course is for four weeks but may go longer if needed.

*Suncatcher on the window pane  
looks really good come shine, come rain  
Ornamental, shiny too  
they stop the birds from flying through.*

### Calligraphy

Bring your own ideas for: Cards, Nameplates, Poetry, Writings or whatever. On glass, fabric, wood, metal, bark, or paper. With Pen or Brush. All materials available from Leader.

Please call office if you want to know more.

### For Your Diary

Mon. 16th July	Start Term 3
Fri. 21 <sup>st</sup> Sept.	End Term 3
Mon. 8 <sup>th</sup> Oct.	Start Term 4
Thurs. 18 <sup>th</sup> Oct.	Film Day - See ad.pg.4
Fri. 26 <sup>th</sup> Oct.	AGM
Tues. 6 <sup>th</sup> Nov.	Melb.Cup
Sun. 18 <sup>th</sup> Nov.	End of Year Function
Fri. 7 <sup>th</sup> Dec.	End Term 4
Mon. 10 <sup>th</sup> to Fri. 14 <sup>th</sup> Dec.	Enrolment week for 2019

## **Drones** - Taster: Concentration, Reflexes and Hand-Eye coordination

You might be surprised to find out that flying a little drone can help you to improve your concentration and hand-eye coordination. You are not in front of a computer screen, you fly the real thing. A lot of people purchase a little drone and experience the three-minute fun. They go outside start the drone and loose it or crash it.



We do the opposite:

- We fly indoors (no wind)
- We fly no higher than 1 meter
- We take all safety precautions, we are CASA accredited
- We can be with a small group (max 5) but only but only 1 person at a time is operating the drone.
- We make slow moves and improve as we go, we teach at an individual level.
- The average flight time is around 15 minutes (depends on the battery)
- Total time around 1.5 hours

How does it work?

We would like to present a taster where you can find out if this is something for you No requirement to have a drone, we can provide one, or bring along your drone. During the taster course we also can advise what drone to purchase if you need one.

## **Have you considered joining these classes which are continuing from Term 2?**

### **Melbourne Town Hall Tour**

There are still vacancies for 20th July, you must contact the office if you wish to partake.

This is a free, strictly limited tour of Melbourne's historic town hall - a great way to learn about the architectural, social and political significance of this impressive 19th century building.

We will meet at Lilydale station at 9am to catch the 9.15am train.

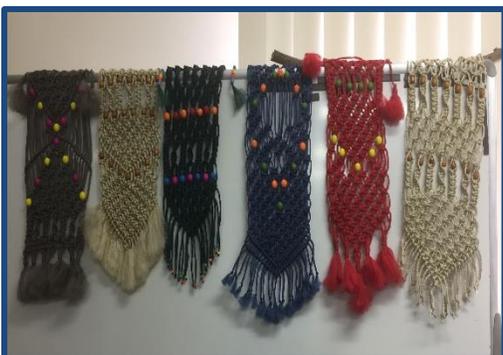
### **French and Italian**

Ever thought about learning another language? Don't forget that we have French & Italian classes on offer – a great way to exercise your brain in a friendly, social environment.

### **Adventures in History**

This term we will be looking at life was like in 16th Century England through an investigation into the life of William Shakespeare. How did ordinary people deal with the challenges they faced in the period when great changes were taking place in this transition from medieval life to an England that was just beginning its march to the British nation of today.in that century? Come along and join in the discussion.

## **Something about Term 2 and more**



The members of the UFO class are always producing wonderful crafts, knitting, embroidery and so much more. These macramé hangings were made by Judy Cross.

## Learning lots while having fun at the Telstra Talks



## October is Seniors' Month in Victoria



As part of the celebrations, U3A Upper Yarra will be screening a film followed by Afternoon Tea at the Upper Yarra Arts Centre, Warburton on **Thursday 18th October at 2pm.**

Full details will follow later but put this date in your diary now so that you don't miss it.

Booking will be essential.

### U3A OFFICE YARRA JUNCTION

*Office Hours: Mon., Tues., Thurs. Fri. 9am – 1pm – during term times*

*Office closed during school holiday period\*.*

*Phone\*: 5967 1702, Email\*: [office@upperyarrau3a.org.au](mailto:office@upperyarrau3a.org.au) Website: [upperyarrau3a.org.au](http://upperyarrau3a.org.au)*

*\*A telephone answering service is active when the office is unstaffed. Please leave your contact details and your message will be dealt with as soon as possible. Please note Emails will also be monitored and responded to as soon as possible.*